

<b>Date</b>	<b>Title</b>
Nov 2019	<a href="#"><u>Olive Oil Secrets</u></a>
Oct 2019	<a href="#"><u>Fabulous Greece</u></a>
Sept 2019	<a href="#"><u>Medicare for All: Been There</u></a>
Aug 2019	<a href="#"><u>Healthy Blender-Free Smoothie Recipe</u></a>
July 2019	<a href="#"><u>Comparing 3 Brands of Beeswax Food Wraps Video</u></a>
Jun 2019	<a href="#"><u>Mother Earth has Given Us So Much. It is Time to Take Care of Her</u></a>
May 2019	<a href="#"><u>Chance to put your name on Mars. Sponsored by NASA (expired)</u></a>
	<a href="#"><u>Green Tea Instant Oatmeal</u></a>
	<a href="#"><u>How to make “decaf” Tea</u></a>
Apr 2019	<a href="#"><u>How Much Protein Do You Really Need?</u></a>
	<a href="#"><u>Vegan Shaming :(</u></a>
Mar 2019	<a href="#"><u>Step by step guide for Successful Dinner Party for 8-12 people</u></a>
	<a href="#"><u>Baked Tofu Bowl as Main Dish</u></a>
	<a href="#"><u>Iodine in our Diets and Cancer Risk</u></a>
	<a href="#"><u>Roasted Cauliflower with Vegan Aioli Dip</u></a>
	<a href="#"><u>Honey Tofu Chocolate Pudding</u></a>
	<a href="#"><u>Sauté Spinach and Onions</u></a>
	<a href="#"><u>On Bringing Flight Attendants Gifts</u></a>
	<a href="#"><u>Using Reusable Straws</u></a>
	<a href="#"><u>Biodegradable Dental Floss</u></a>
Feb 2019	<a href="#"><u>Valentine Almond Cookies</u></a>
Jan 2019	<a href="#"><u>Best face mask for cleaning and refining pores</u></a>
	<a href="#"><u>New Name for my Blog</u></a>
Dec 2018	<a href="#"><u>Holiday Vegan Main Dish – Stuffed Squash</u></a>
	<a href="#"><u>Forest Bathing In Your Own Home this Holiday</u></a>
	<a href="#"><u>Reduce Flu, Cough and Cold Transmission... it is the season</u></a>

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Nov 2018	<a href="#"><u>My Tibetan Vacation</u></a>
	<a href="#"><u>Veterans Day: We Remember</u></a>
Oct 2018	<a href="#"><u>Easy Dinner #3 – Bowls</u></a>
	<a href="#"><u>Chinese “I Will Crazy”</u></a>
	<a href="#"><u>Australia’s place to go when your partner breaks up with you</u></a>
Sept 2018	<a href="#"><u>Easy Vegan Dinner #2</u></a>
	<a href="#"><u>Easy Vegan Dinner #1</u></a>
Aug 2018	<a href="#"><u>California Recycling Pays</u></a>
Jun 2018	<a href="#"><u>Victory Vegan Burgers for the 4th or anytime</u></a>
May 2018	<a href="#"><u>Coconut Lentil Soup with Roasted Golden Beets and Mango Slaw</u></a>
	<a href="#"><u>Reusable Straws Help Keep Your Teeth White</u></a>
	<a href="#"><u>A Hack to Cleaning Reusable Straws</u></a>
Apr 2018	<a href="#"><u>Auto-brewery syndrome</u></a>
Mar 2018	<a href="#"><u>Stephen Hawking 1942-2018</u></a>
Feb 2018	<a href="#"><u>Simple Valentine’s Meal</u></a>
Jan 2018	<a href="#"><u>Take care of Dry Winter Hands</u></a>
Dec 2017	<a href="#"><u>Test your level of Empathy</u></a>
	<a href="#"><u>How to plan your own tour: my experience for our Australia and New Zealand vacation July 2017</u></a>
Nov 2017	<a href="#"><u>Try this Miso Paste</u></a>
	<a href="#"><u>Oprah and Deepak Meditation Free App</u></a>
Oct 2017	<a href="#"><u>Eat Some Probiotics with Every Meal</u></a>
Sept 2017	<a href="#"><u>Yummy Probiotic Rich Salad Dressing</u></a>
	<a href="#"><u>On Life and Death – Dr Pattanaik</u></a>
	<a href="#"><u>Super Quick Lunches you can make</u></a>
	<a href="#"><u>My Friend the Black Widow</u></a>
	<a href="#"><u>Coco Aminos Tofu, Beets and Fennel</u></a>

Date	Title
Jun 2017	<a href="#"><u>I love this mindfulness video</u></a>
	<a href="#"><u>365 Give to be Happy</u></a>
May 2017	<a href="#"><u>Teriyaki Tofu, Brown Rice and Kale</u></a>
	<a href="#"><u>Sugar Free Dark Chocolate Covered Coffee Beans</u></a>
	<a href="#"><u>Toxic Shopping Cart Cleaner Alternatives and Homemade Hand Sanitizer</u></a>
	<a href="#"><u>Examples of Delicious Vegan Food</u></a>
Apr 2017	<a href="#"><u>Coping with anxiety</u></a>
	<a href="#"><u>New thoughts about Depression</u></a>
	<a href="#"><u>My Average work day Vegan Breakfast</u></a>
	<a href="#"><u>Garbage in Garbage out</u></a>
	<a href="#"><u>What happened to my bees?</u></a>
	<a href="#"><u>Why be Plant Based (Vegan)?</u></a>
	<a href="#"><u>Couldn't Blog tonight, school problems</u></a>
	<a href="#"><u>Afraid of Heights</u></a>
	<a href="#"><u>Introduction</u></a>
	<a href="#"><u>First blog post</u></a>